

# Virtual Talk Shop

Every Thursday 4-6

On Thursday we will be hosting two Zoom meetings (4pm till 4.30pm and 5pm till 5.30pm). This will act as a virtual drop-in.

Parents can message our page for the link if they would like their young person to join. The drop-in is a chance for young people to catch up and say hello etc. This is not a counselling session. Sessions will be recorded for safeguarding reasons and data stored in line with our data protection policy.

Alongside this, Off The Record will be able to offer a limited number of one-to-one brief intervention/counselling support via telephone. These will be offered on a first come first served basis. Please only ask if absolutely necessary. To request a call, please contact the Anthony Seddon Fund at [ben@tasfund.org.uk](mailto:ben@tasfund.org.uk). Parental consent is needed for under 13's. As stated, there are only a limited number of spaces so please be patient if you do not receive a slot.

The Anthony Seddon Centre  
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The Anthony Seddon Fund

