

**Year 10
Hospitality and Catering**

You need to be spending **3 hours** per week on this subject.

Activity to complete:

1. Research less familiar grains that a vegetarian could have in their diet e.g. quinoa. Produce an information leaflet about the benefits of this grain and what recipes it could be used in. Use the success criteria in the live lesson information to support you.
2. Cook a recipe using fruit or veg which is in season now.

Work to be submitted to your teacher:

1. Produce an information leaflet about the benefits of this grain and what recipes it could be used in. Use the success criteria in the live lesson information to support you.
2. Take photographs of the processes you take when cooking your dish.

Method of submission and deadline:

Uploaded to Teams Assignments

Websites, accessible on a Smartphone, useful to support further understanding:

Support PowerPoints and documents on Microsoft Teams Assignments