

Year 7 – PSHE and CEIAG		
Term One	Term Two	Term Three
<p>HT1 CEIAG Developing through engaging with work around the Core Values and Key Competencies.</p>  <p>Learners will begin to realistically appraise their qualities and skills, roles and responsibilities, values and attitudes, needs and interests, aptitudes and achievements are better able to understand themselves, make informed choices and relate well to others.</p> <ul style="list-style-type: none"> • Self-awareness • Self-determination • Self-improvement as a learner 	<p>HT1 Health and Wellbeing</p> <p>Learners will begin to build vocabulary so that they can begin to effectively talk about their emotions and how to recognise the early signs of mental wellbeing concerns. They will also begin to identify the features of common types of mental ill health.</p>	<p>HT1 Sex and Relationship Education</p> <p>Learners will understand the different family dynamics that exist in the UK. To understand that marriage carries legal rights and protection and that there are many rights and responsibilities of entering in to different types of relationships.</p>
<p>HT2 Sex and Relationships Education (X3)</p> <p>An introduction to the different relationships that learners will encounter as they become adults and what their rights and responsibilities are within these relationships. This will lead to a look at the physical and emotional changes that they will experience during puberty.</p>	<p>HT2 Health and Wellbeing</p> <p>Learners will discover the importance of maintaining good physical and oral hygiene and facts relating to vaccinations and antibiotics. They will investigate the impact that having poor hygiene and not getting enough sleep can have on their quality of life.</p>	<p>HT2 Citizenship</p> <p>Learners will discuss the liberties that are enjoyed by the citizens of the United Kingdom. They will also discover the different roles played by different organisations and the ways in which people can work together to improve their communities.</p>

Year 8 – PSHE		
Term One	Term Two	Term Three
<p>HT1 Sex and Relationships Education</p> <p>Learners will begin to discuss and communicate their core values relating to families and what makes them an individual and then will continue to look at how this influences healthy relationships. Learners will discuss how changes during puberty can affect these different relationships.</p>	<p>HT1 Health and Wellbeing</p> <p>Learners will understand the facts about legal and illegal drugs and the law relating to the supply and possession of illegal substances. They will also discuss the risks associated with alcohol, tobacco and drug use and the associated links with illness and mental health.</p>	<p>HT1 CEIAG Investigating work and working life</p>  <p>Career exploration expands Learners' horizons and opportunities. A better understanding of career processes and structures enables Learners to make sense of and manage their own careers. It also enables them to appreciate the career experiences of others.</p> <p>such as:-</p> <ul style="list-style-type: none"> • Learning about safe working practices and environments • Valuing equality, diversity and inclusion.
<p>HT2 Sex and Relationships Education</p> <p>Learners will understand the different ways that safe sex can be practiced and how to react and manage peer pressure regarding sexual relationships. Learners will also look at the laws relating to sexual consent and the sharing of images online.</p>	<p>HT2 CEIAG Understanding business and Industry</p>  <p>What careers inspires me? Learners will begin to explore careers and career development, investigate different types of work and working life, business and industry.</p> <p>Developing personal financial capability Being able to calculate and compare the costs and benefits of different living, education, training and employment options, considering any financial support that may be available, is an increasingly important skill for learners to develop.</p>	<p>HT2 Citizenship</p> <p>Learners will begin to discuss the nature of rules and law and the justice system, including the roles of the police and the operation of courts and tribunals</p>

Year 9 – PSHE

Term One	Term Two	Term Three
<p>HT1 Sex and Relationships Education</p> <p>Learners will cover the legalities surrounding consent study the different methods of contraception available to them and where they can access these and what they protect against. Learners will also understand the need and importance of checking for testicular and breast cancer.</p>	<p>HT1 CEIAG Exploring careers and career Development</p>  <p>Career exploration expands Learners' horizons and opportunities. A better understanding of career processes and structures enables Learners to make sense of and manage their own careers. It also enables them to appreciate the career experiences of others.</p>	<p>HT1 CEIAG Identifying choices and opportunities</p>  <p>Learners will begin to be able to research and recognise suitable progression pathways and qualifications. Using networking, negotiation, information and evaluation skills enables Learners to maximise their choices and opportunities, including those that are unforeseen or unplanned.</p>
<p>HT2 Sex and Relationships Education</p> <p>Learners will look at the diversity surrounding sexual relationships and sexual attraction. Learners will also discuss the dangers around bullying, exploitation and pornography and develop strategies and skills to respond to peer pressure and talk confidently about sexual relationships and sexuality.</p>	<p>HT2 Health and Wellbeing</p> <p>Learners will discover the links between a healthy lifestyle, maintaining a healthy weight, including the links between an inactive lifestyle and ill health, including cancer and cardiovascular ill-health.</p>	<p>HT2 Citizenship</p> <p>Learners will understand the development of the political system of democratic government in the United Kingdom, including the roles of citizens, Parliament and the monarch. They will also learn about the operation of Parliament, including voting and elections, and the role of political parties.</p>

Year 10 – PSHE		
Term One	Term Two	Term Three
<p>HT1 Health and Wellbeing</p> <p>1. The benefits and importance of physical exercise, time outdoors, community participation and voluntary and service-based activities on mental wellbeing and happiness.</p> <p>How to critically evaluate when something they do or are involved in has a positive or negative effect on their own or others' mental health.</p> <p>The facts about legal and illegal drugs and their associated risks, including the link between drug use, and the associated risks, including the link to serious mental health conditions.</p>	<p>HT1 Sex and Relationships Education</p> <p>The facts around pregnancy including miscarriage. that there are choices in relation to pregnancy (with medically and legally accurate, impartial information on all options, including keeping the baby, adoption, abortion and where to get further help). The similarities and differences between the online world and the physical world, including: the impact of unhealthy or obsessive comparison with others online (including through setting unrealistic expectations for body image, how people may curate a specific image of their life online.</p>	<p>HT1 CEIAG Planning and deciding Identifying choices and opportunities</p>  <p>Investigating jobs and labour market information (LMI). Learners need to be able to research and recognise suitable progression pathways and qualifications. Using networking, negotiation, information and evaluation skills enables Learners to maximise their choices and opportunities</p>
<p>HT2 Sex and Relationships Education</p> <p>That some types of behaviour within relationships are criminal, including violent behaviour and coercive control. What constitutes sexual harassment and sexual violence and why these are always unacceptable?</p> <p>The legal rights and responsibilities regarding equality (particularly with reference to the protected characteristics as defined in the Equality Act 2010) and that everyone is unique and equal.</p>	<p>HT2 CEIAG Developing career management and employability skills</p>  <p>Preparing for employability is about enabling individuals to gain the skills and experience Learners need to get, maintain and make progress in employment or self-employment including networking, negotiation, self-advocacy and staying healthy.</p> <p>Planning and deciding Identifying choices and opportunities.</p> <p>Learners need to be able to research and recognise suitable progression pathways and qualifications. Using networking, negotiation, information and evaluation skills enables Learners to maximise their choices and opportunities.</p>	<p>HT2 CEIAG Planning and deciding Managing changes and transition.</p>  <p>Learners need to know how to get information, clarify values and preferences, identify alternatives, weigh up influences and advice, solve problems, review decisions and make plans. It also involves being able to cope with chance events and unintended consequences.</p> <ul style="list-style-type: none"> • Future choices-Decision Making and Employability skills • Interview technique-self awareness • Personal statements • Writing a CV

	<p>Investigating jobs and labour Market information (LMI).</p> <p>Developing personal financial capability Being able to calculate and compare the costs and benefits of different living, education, training and employment options, considering any financial support that may be available, is an increasingly important skill for learners to develop</p>	<ul style="list-style-type: none"> • How to apply for Colleges, Apprenticeships, Enterprise and starting a business • Careers Exploration-Labour Market Information (SACU) • College taster days
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Year 11 – PSHE		
Term One	Term Two	Term Three
<p>CEIAG Making the most of careers information, advice and guidance (CEIAG)</p>  <p>Learners need to be able to research and recognise suitable progression pathways and qualifications. Using networking, negotiation, information and evaluation skills enables Learners to maximise their choices and opportunities, including those that are unforeseen or unplanned.</p> <ul style="list-style-type: none"> • Application support • One to one careers advice form Positive Steps • Labour Market Information (SACU) • University Life-facts and myths • National Citizen's Service • CVs and statements <p>Learners will have support with applications and interviews where necessary.</p>	<p>HT1 Intervention/CEIAG Making the most of careers information, advice and guidance</p>  <p>Learners will have continued support with applications and interviews Making the most of careers information, advice and guidance (CEIAG) Promoting themselves in a way that attracts the attention of selectors and recruiters as well as managing the applications process requires Learners to develop a range of self-presentation and marketing skills that they will need throughout their lives.</p>	<p>HT1 Intervention/CEIAG</p>
<p>HT2 Sex and Relationships Education</p> <p>Learners will understand how to avoid unhealthy relationships and the characteristics of healthy adult relationships. Learners will also develop skills and knowledge on unplanned pregnancy,</p>	<p>HT2 Intervention/CEIAG</p>	<p>HT2 Intervention/CEIAG</p>

abortion, STI's and the effect of alcohol and drugs on sexual behaviour.

